

BAROS

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GOURMET TRAVEL

2011

WORLD FLAVOURS

- ANDALUSIA'S GAZPACHO TRAIL
- TOKYO'S BEST RESTAURANTS
- TEXAN CUISINE COMES OF AGE

BEYOND THE BEACH

TROPICAL RESORTS WITH IMPECCABLE TASTE

GREAT DANES

COPENHAGEN'S HIDDEN CHARMS

GRAND CANALS

GASTRONOMIC BOATING IN FRANCE

Top Tables

TRENDSETTERS DESCRIBE THEIR FAVOURITE MEALS

PRODUCED BY HOUSE & GARDEN PROMOTIONS

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BITES

TASTY ESCAPES Where to find far-flung bliss and fine food, by Malaika Byng



TANJONG JARA, MALAYSIA

Unlike many of the country's resorts, Tanjong Jara makes it its mission to offer an authentic Malaysian culinary experience. Guests are indulged with the smorgasbord of exquisite flavours and influences (Malay, Chinese and Indian) that make up the local cuisine. One of the resort's signature dishes is Roselle chicken, featuring the tangy, sweet-and-sour hibiscus flower of the same name. Guests can accompany the chefs to the morning market in a local fishing village and watch them craft their dishes around the day's catch. The hotel's architect also embraces the vernacular, basing his elegant designs on seventeenth-century Malaysian palaces. *Turquoise Holidays offers seven nights at Tanjong Jara, in a Bumbung Room, from £1,980pp, full board, with flights and transfers. Call 01494-678400; www.turquoiseholidays.co.uk*

JUMBY BAY, ANTIGUA

On Antigua, mangos and guavas are as abundant as beaches, and the fruits of the sea are even more thrilling. So it seems a shame that many of the island's hotels stick to "international" menus. At Jumby Bay, though, chef Pablo Loza doesn't play it so safe. 'I use traditional recipes and mix them up a little,' he says. Take the local classic, peppercorn stew - made from okra, spinach and plantain - in which he swaps the customary pig tails with succulent lobster. Guests here can work up an appetite in numerous ways, by sailing, diving, cycling or, more sedately, playing a spot of croquet.



Seasons in Style offers seven nights at Jumby Bay from £3,945pp, all inclusive, with flights and transfers. Call 01244-202002; www.seasons.co.uk



BAROS, MALDIVES

Maldivian food is a colourful mix of Sri Lankan and Southern Indian influences, and Baros resort - on a tiny coral island near Malé - is a fine place to try it.

With new chef Peter Alexander Fritz at the helm, its Lighthouse restaurant is garnering praise for curries infused with tropical flavours like coconut and bananas, which are served up in a circular, over-water restaurant (above). For those wishing to master Maldivian cooking, there are also regular demonstrations. *Kuoni offers seven nights at Baros Maldives, in a deluxe villa, with flights from £1,648pp. Call 01306-747002; www.kuoni.co.uk*

Opening up

Exciting hotel launches, from the Uruguayan coast to the Arabian Peninsula

Natal Ocean Club, Brazil

On a pristine stretch of Brazil's wild North East Coast (pictured below), this new hotel is ideal for surfers and seafood lovers. Just ask and they'll assign you your own private fisherman, who will catch



what you want and cook it to your preference. Suites from £309. Call 00-55-11 3711 8870; www.nataloceanclub.com

Hotel Fasano Las Piedras, Uruguay

As well as owning two of Brazil's hottest hotels, the Fasano family have a reputation as the country's finest restaurateurs. Now they've spread their wings to Uruguay, opening a new hotel in Punta del Este, complete with their first Italian restaurant. Deluxe bungalows from £540. Call 00-55-21 3202 4000; www.fasano.com.br

One&Only The Palm, Dubai

The private peninsula of the Palm Jumeirah has a new boutique beach resort. The Moorish-style One&Only The Palm, which opened last month, comes with three restaurants under the Michelin-starred guidance of Yannick Alléno. Doubles from £500. Call 00-971-4410 1010; www.oneandonlyresorts.com

The Hotel Chocolat, St Lucia

Those with a sweet tooth should head to this new hotel, set on St Lucia's oldest cocoa estate. The restaurant's chocolate-heavy menu includes treats like kingfish with cocoa nib crust. You can also indulge in cocoa-infused massage treatments. Cocoa Pod cottages from £230. Call 08445-441272; www.thehotelchocolat.com