DIVE TYPES

Baros is a dream destination for lovers of the deep. With a breathtakingly beautiful house reef just metres from our shores and dozens of world-class dive sites within easy reach, there are myriad ways to experience the mesmerising marine life of the Maldives.

ORIENTATION DIVE

Divers who have not been diving during the three months before their visit to Baros are required to do an orientation dive at our house reef. This is not a test, but a dive to give the diver the opportunity to regain confidence in skills, including mask removal and alternative air source breathing. This skills practice is followed by a dive at the house reef.

REFRESHER DIVE

Recommended for divers who have not dived for more than a year. Its primary purpose is to help certified divers regain their confidence and update their dive knowledge and skills, especially after a long period of diving inactivity.
NITROX DIVING

Nitrox is used by recreational divers who want to increase their safety. Nitrox looks set to become the standard for recreational scuba diving in years to come. Nitrox is available without supplementary charge for certified Nitrox divers. PADI Nitrox Courses are available at Baros.

HOUSE REEF DIVING

Our incredible 300m-long Baros house reef is known as one of the best house reefs in the Maldives. As it is just a few metres from the beach, it can effortlessly be reached from shore. It gently slopes down to 20m where there are large coral outcrops with an enchanting variety of marine life. The house reef is a nursery ground for blacktip sharks, which can be seen in their everyday habitat. Turtles are often spotted in the shallows.

Buddy pairs can access the house reef throughout the day from 9 am to 5 pm.

NIGHT DIVING

Exploring the reef by night is a must-try Baros experience. As corals open up and extend their colourful flower-like tentacles, lionfish, lobster, shrimp and other nocturnal species leave the safety of their shelters to look for food. The waters at Baros come alive at night as phosphorescent plankton light up the ocean with their blue bioluminescent effect — simply magical.

Night dives are conducted regularly by boat as well as on the house reef from 5:45 pm to 7:30 pm.

FLUO NIGHT DIVING

With Fluo Night Diving you will be equipped with blue lights and a yellow barrier filter. Certain marine life absorbs part of the blue light and emits a different colour. This effect is called fluorescence and reveals unusual yellows, greens, pinks and blues when a special light is shone in the water. With a barrier filter fitted over the eye mask, the effect becomes spellbinding.
Fluo Night Dives are conducted regularly by boat as well as on the house reef from 5:45 pm to 7:30 pm.

**BOAT DIVING**

Our modern 15m diving boat is equipped with the latest navigation system, oxygen, radio, toilet and first aid kit. There are two Boat Diving outings every day with a selection of over 30 world-class dive sites.

- 8:30 am to 12:30 am – two-tank dive
- 2 pm to 4 pm – single-tank dive

Please note that the Republic of the Maldives has strict diving laws in order to maintain the Maldives as a safe diving destination. According to Maldivian Dive Regulations, the first dive during your stay has to be a guided Orientation Dive on the house reef. The maximum diving depth is limited to 30m; diving with a computer and an alternative air-source is mandatory; and it is prohibited to dive alone or do decompression dives.

Safety is our highest priority at Baros, so please listen carefully to the advice of our experienced dive instructors.

**RESERVATIONS**

Certified divers should bring their dive certification and logbook for registration. All bookings should be made at the Dive Centre by 6 pm on the day before you intend to dive.

**DIVE EQUIPMENT**

- Scubapro stabilizing jackets (XS, S, M, ML, L, XL)
- Scubapro regulators with octopus and SPG
- Mares dive computer for Air and Nitrox
- 3mm wet suits (shorty) (XS-S, M, L, XL, XXXL)
- Underwater lights for night and day dives
- 11.4ltr aluminium tanks
- Bauer compressors for clean and dry air
- 1 Nitrox compressor
- Digital photo cameras
- GoPro Hero Black edition with red filters and selfie pole

Visit our [Facebook page](https://www.facebook.com) to stay up to date with the latest Divers Baros Maldives news.